Ready, Set, Move!



PARENT CUE

# Have fun learning and playing with your preschooler!

## Activity

#### **Red Light, Green Light**

#### What You Need:

Red paper, green paper (or skip the supplies and simply say, "red light" and "green" light)

#### What You Do:

Say, "Let's play a game called Red Light, Green Light. I want you to stand here. When I hold up the green paper, you are going to dance, be silly, spin around, whatever you want to do! But when I hold up the red paper, you have to freeze right where you are. Ready?"

Alternate holding up the green paper and the red paper. During the greenlight segments say, "Wow! Those are some great dance moves! You are really fast! You are so silly! Great job moving!" Repeat as desired.

Say, "Ready, set, move to follow Jesus here, there, and everywhere because Jesus wants to be our friend forever! In our Bible story today, Paul was not a friend of Jesus or anyone who was a friend of Jesus. But Paul met Jesus, and Paul's life changed forever! Now Paul knew that Jesus is alive. And WE know that Jesus is alive, too, and that Jesus wants to be our friend forever. Who wants to be your friend forever? Jesus wants to be my friend forever!"

### Prayer

"Dear God, You wanted to be Paul's friend forever. Thank You that You want to be our friend forever too! We want to follow You here, there, and everywhere. We love You! Amen."