

Small Group Choices

(Please Circle 5 and Number by Priority)

1. Art to Heal the Heart
2. The Heart of a Mom When Her Baby Dies
3. Guilt and Grace
4. Holding on to Faith During the Storm
5. Ways to Honor Your Child's Memory
6. Sharing Your Umbrella After the Storm
7. Praying Prayers as We Grieve
8. Put Grief in Your Pocket
9. Dancing in the Puddles
10. Oh... The Things People Say: "Releasing Offenses"
11. Aiming to Thrive...Not Just to Survive
12. Let's Move
13. Dealing with Stigmatized Grief
14. Ideas To Help with Your Grief Journey

If any of the classes you have chosen are full, we will place you in one of your alternate choices.



For More Information

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Alice Ann Holman
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864-963-3543 • jan@pdtm.us

We will be glad to talk with you.

*Brochures and Small Group descriptions
can be found at :*

www.fbsimpsonville.org/womens-ministry/

This event is offered to you by Volunteers, Sponsors,
Community Partners, and Heartstrings Members.

Heartstrings is a faith-based encouragement group of
First Baptist Simpsonville for mothers who have
experienced the death of a child. Through this event,
started in 2013, we desire to reach out to other
mothers in compassion to bring
you love, comfort, and hope.



Thanks to our Sponsors and Community Partners:

First Baptist Simpsonville

Over the Rainbow Gift Shop

Mackey Funerals & Cremations at Century Drive
& Woodlawn Memorial Park

Dillard-Hillcrest Funerals, Cremations & Memorial Park
Greenville Memorial Gardens
Palmetto Cremation Service
Oconee Memorial Gardens

Thomas McAfee Funeral Homes

Special thanks to:

Our Awesome Volunteers!

God's Healing for a Mother's Heart

A Day-Retreat For Women Who Have
Experienced the Death of a Child

"Life After the Storm"

Saturday, March 21st, 2020

8:45—4:00

Check-in: 8:15-8:35

First Baptist Simpsonville

3 Hedge Street
Simpsonville, SC 29681
864-967-8591

Registration Cost: \$15.00
Includes Lunch



A Day Retreat For Women Who Have Experienced The Death of a Child

Please join us for a day of encouragement, pampering, loving support, comfort food, authentic presenters, and sharing the love of Christ, our Great Healer and Comforter.

We welcome all mothers in their journey of healing regardless of the age of the child or the length of time since the death.

To honor the memory of our children, those who wish may **bring a picture** of her child to display on our Memory Wall for the day. The pictures will be returned at the end of the retreat.

Foundational Scripture:

“Treasures of Darkness” Isaiah 45:3



This verse offers the precious promise of HOPE.

Schedule for the Day



- 8:15 Registration
- 8:45 Keynote Speaker
- 9:45 Break
- 10:00 Circle of Friends (Share our Stories)
- 11:15 First Small Group Session
- 12:15 Lunch
- 1:30 Second Small Group Session
- 2:30 Third Small Group Session
- 3:30 Short Ending Session and Dismissal

Counselors will be available throughout the day.

Our Guest Presenter

Jan Harrison

“Life After the Storm”

Music provided by: Laura Boehm and Family

Lunch Menu

Chicken Casserole

Roasted Carrots

Grape Salad

Homemade Desserts

**Please bring a sweater
in case any rooms are cold.**

Registration Form

Name:

Address:

Phone #:

Email:

Name of Child:

(For Memory Wall))

Choose **5** sessions from the list on the back in priority order in case a class is filled. You will attend 3 classes.

Please return this form with the **\$15** registration fee to:

FB Simpsonville

3 Hedge Street

Simpsonville, SC 29681

864-967-8591 Or register online at

<https://tinyurl.com/dayretreat2020>

Checks may be made to *FB Simpsonville*.

Deadline to register is **March 12th** or until we reach the limit of **125**.

Please List Food Allergies: